

SKYLAND RESORT

BREAKFAST

GOOD MORNING!



Massanutten Lodge
Home of Addie Nairn Pollock
Circa 1914

~ EYE OPENERS ~

SELECTION OF COLD CEREALS	\$ 2.50
Add Seasonal Berries	\$ 1.20
HOT CEREAL	\$ 3.50
Traditional Oats, with Farm Fresh Milk, Raisins and Brown Sugar or Local Wildflower Honey	
HOUSE-MADE GRANOLA	\$ 4.25
Mixture of Toasted Oats, Dried Fruits, Nuts and Local Wildflower Honey	
FRESH FRUIT SMOOTHIE	\$ 3.95
Low Fat Yogurt, Bananas, Strawberries, Honey, Orange Juice and Wheat Germ	
SEASONAL FRUIT CUP	\$ 3.95

~ BAKERY SELECTIONS ~

BREAKFAST MUFFIN	\$ 2.25
CINNAMON ROLL	\$ 2.25
BAGEL WITH CREAM CHEESE	\$ 2.95
TOAST WITH JELLY	\$ 1.95
ENGLISH MUFFIN	\$ 1.95

~ BEVERAGES ~

Small Juice	\$ 1.75	Large Juice	\$ 2.55
Hot Chocolate	\$ 1.75	Chocolate Milk	\$ 1.75
Milk - Whole or 2%	\$ 1.75	Hot Tea	\$ 1.50
Herbal Tea	\$ 1.75	Spring Water	\$ 2.50
Iced Tea	\$ 1.85		

We Proudly Brew Starbucks Coffee \$2.00
Regular or Decaffeinated

~ FROM THE GRIDDLE ~

Served with Whipped Butter and Your Choice of Maple or Blackberry Syrup.
Add Blueberries, Strawberries or Warm Apple Topping to Any of the Following \$ 1.75

BUTTERMILK OR BUCKWHEAT HOT CAKES

Tall Stack	\$ 5.95	Short Stack	\$ 4.95
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MALTED WAFFLE

Classic Waffle Served with Maple or Blackberry Syrup \$ 5.75

CINNAMON FRENCH TOAST

Griddled, Egg Battered Texas Toast \$ 5.95

~ BREAKFAST SPECIALTIES ~

Eggbeaters or egg whites available upon request.
 We use non cholesterol oil in frying. Margarine available upon request.

HEALTHY HIKER	\$ 7.25
Scrambled Eggbeaters or Egg Whites, Served with Fruit Kabob, Turkey Bacon and Low Fat Muffin	
BISCUITS AND GRAVY	\$ 5.95
Baked Buttermilk Biscuit Topped with Our Sausage Gravy	
SHENANDOAH SOUTHERN SAMPLER	\$ 7.95
Two Farm Fresh Eggs Any Style, Breakfast Potatoes, Served with Biscuit and Sausage Gravy, Choice of Smoked Ham, Bacon or Sausage,	
HAWKSBILL	\$ 7.50
Two Farm Fresh Eggs Any Style, Served with Breakfast Potatoes, Virginia Ham and Choice of Toast or English Muffin	
EGGS APPALACHIAN	\$ 9.25
Baked Buttermilk Biscuit Topped with Seared Sliced Tomato, Wilted Spinach, Canadian Bacon, Poached Eggs and Hollandaise Sauce, Served with Breakfast Potatoes	
BLUE RIDGE OMELET	\$ 6.25
Three Eggs with Cheddar and Jack Cheeses, Served with Breakfast Potatoes,	

OMELET ADDITIONS

Mushroom, Tomato, Red Onion, Bell Pepper, Spinach, Ham, Bacon, Sausage
\$.75 each

~ SIDES ~

Apple Smoked Bacon or Sausage	\$ 2.50
Turkey Bacon	\$ 2.95
Smoked Ham	\$ 3.95
Country Ham	\$ 4.95
Corned Beef Hash	\$ 2.95
One Egg	\$.95
Two Eggs	\$ 1.75
Grits	\$ 1.95
Breakfast Potatoes	\$ 1.95

